



CONTESTANTS

YOUR RESPONSIBILITIES AS A REGISTERED CONTESTANT

- Ensure your registration is current. This includes Registration, Serology and Certificate of Fitness.
- Take your Contestant Record Book to every contest, medical examination and weigh-in.
- Give your Contestant Record Book to Commission staff before the pre-contest medical examination, at the weigh-in.
- Collect your Record Book from the Medical Practitioner after completing the post-contest medical examination.
- Have a pre-contest and a post-contest medical examination with the Medical Practitioner at all contests.
- If you last competed outside of Western Australia, you must provide the Medical Practitioner with details of your last contest at the pre-contest medical.



CONTESTANT HEALTH

It is not recommended that you:

- Use diuretic tablets and saunas within seven (7) days of a contest.
- Take or allow any person to administer any substance or method that is listed in the World Anti-Doping Code by the World Anti-Doping Agency as a prohibited substance or method.

You MUST:

- Immediately comply with any direction to participate in testing for prohibited substances.
- Report the use of a medication prescribed by a Medical Practitioner to the examining Medical Practitioner at the pre-contest medical examination.
- Report the use of medication prescribed by a Medical Practitioner, to the Commission a minimum of five (5) days prior to the contest. The information is to be placed on a Therapeutic Use Exemption form by your Medical Practitioner.

WA CONTESTANTS COMPETING ELSEWHERE

A WA Commission registered Contestant competing interstate or overseas must advise the Commission of the following details within seven (7) days after the contest:

- The contest date and venue.
- Both Contestant weights.
- The name of your opponent.
- The number of rounds scheduled.
- The contest result including the number of rounds contested.
- The Medical Practitioner's post-contest medical examination report – if the Contestant is fit or if a non-contest suspension period has been prescribed.