



INTERNATIONAL SPORT KICKBOXING ASSOCIATION



# ISKA WA MUAY THAI RULES



**PROMOTING SAFETY, INCLUSION, RESPECT,  
INTEGRITY, EXCELLENCE & FAIR PLAY IN  
THE COMBAT SPORTS INDUSTRY**



















































# ISKA WA 088\$RULES

## PROMOTING SAFETY, INCLUSION, RESPECT, INTEGRITY, EXCELLENCE & FAIR PLAY IN COMBAT SPORTS

Should a Contestant be knocked out of the ring or falls out off the apron to the floor outside the ring base, they must return inside the ropes, unaided, within twenty (20) seconds or be counted out.

### Stopping a Contest

The Referee shall put the safety of Contestants above all else in making a decision to stop a contest.

ISKA WA's principle of "**Safety First**" applies to all Muay Thai contests.

The Referee is the only person empowered to stop a contest. However, shall accept the direction from the Medical Practitioner to end a contest. Section 49 of the Western Australian Combat Sports Act 1987.

The Referee & Medical Practitioner are the only individuals authorized to enter the fighting area at any time during a contest. Only the Referee, Chief Official or Medical Practitioner can call a stop to the action while the timer is running if it is in the interests of Contestant or public safety.

### The Referee must stop a contest when:

In their opinion, a Contestant is exhausted or injured to such an extent as to be unable to defend themselves or is unable to continue.

A Contestant suffers three knockdowns in one round or a fourth knockdown in a contest.

When the Chief Second or Trainer 'throws in the towel' or otherwise indicates that they want the bout stopped. Unless the Referee is in the act of counting over the contestant, then they shall finish the count to render the appropriate (KO/TKO) decision.

The Medical Practitioner instructs the Referee to stop a contest because the Medical Practitioner is of the opinion that a Contestant is exhausted or injured to such an extent as to be unable to provide a defence or to continue that contest.

### Decisions

At the end of a contest, after the scorecards have been assessed or a decision is made by the Referee, the result shall be announced as one of the following:

Win by knockout.

Loss by knockout.

Win by technical knockout.

Loss by technical knockout or injury.

Win on points - unanimous, majority or split decision.

Loss on points - unanimous, majority or split decision.

Draw - unanimous, majority or split decision.

Win on disqualification.

Loss on disqualification.

Win by technical decision.

Loss by technical decision.

Technical draw.

No-contest.

No-decision.

### What the decisions mean:

Win by knockout is when a Contestant is rendered unconscious due to legitimate strikes KO. Or a Contestant fails to rise from a knockdown before the count of ten, they have lost the contest by KO.

If a Contestant has been knocked down three (3) times in one round, or is knocked down a total of four (4) times during a bout, the contest will be terminated and the Opponent declared the Winner by KO.

Win by technical knockout is when a Referee stops a contest to protect a Competitor from damage or harm or a downed Contestant fails to present themselves as ready to continue prior to the count of ten TKO.





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If a Competitor cannot continue because of an injury not attributable to legal strikes they will lose by technical knockout or injury.

A unanimous decision is when all cards have the same result.

A majority decision in a win is when two cards have the same winner and the third has a draw.

A split decision in a win is when two cards have the same winner and the third has a win to the other.

A majority decision in a draw is when two cards have a draw and the third a winner.

A split draw is when all cards differ in result: e.g. 1 red corner, 1 blue corner and 1 draw.

Disqualification occurs when an injury sustained during competition due to an intentional foul is severe enough to terminate a contest or Referee determines that a Competitor has blatantly disregarded the rules.

A technical decision occurs when a Contestant is accidentally injured owing to a cut or injury occurring from an accidental head clash or fall. If the contest is stopped before one third of the scheduled rounds have been completed, the contest shall be declared a technical draw. If one third of the scheduled rounds have been completed before the injury becomes severe enough to stop the contest, then the Contestant who is ahead on points shall be declared the winner by technical decision.

### Cautions & Warnings

The Referee may issue a caution or warning for minor infringements of the rules. After the initial caution or warning, if the prohibited conduct persists, the Referee can issue a point/s deduction or disqualification.

Severity of the penalty relates to the impact the illegal act had on the bout. A competitor should never profit from an illegal act or foul.

### Disqualification

Should a Contestant be disqualified, the Referee shall report details to the ISKA Representative who shall take any action, deemed necessary. The Referee has the discretion to intervene in the case of unfair acts not covered in these rules & regulations and may Caution, Warn, Deduct point/s from or Disqualify the offending Competitor.

It is the Referee's responsibility to decide if a foul was accidental or deliberate. If his or her view of the foul was unsighted or partly obscured, they may confer with the Judges & Supervisor prior to making a decision but shall have the final decision.

### No-Contest

The Referee can declare a no-contest when, in their opinion, the two Contestants are not doing their best, when both repeatedly ignore the rules or disobey them after several warnings, or when a contest, in the opinion of the Referee, is not being conducted honestly by one or both Contestants.

If a no-contest decision is given, the Referee shall report to the ISKA WA on the matter.

### No-Decision

A No-Decision may be given if a contest is stopped in unusual circumstances, such as a ring collapsing or a long power or lighting failure. The Referee should consider the circumstances prior to making a decision and if in any doubt may consult with the ISKA WA Representative & Commissioners.

### Fouls

Any Contestant guilty of foul tactics in a bout shall be given an immediate caution, warning or have point/s deducted from their total score, as determined by the Referee. The use of foul tactics also may also result in the immediate disqualification of that Competitor. The following tactics are considered fouls:

Attacking after the command to "break", "yak" or the command to "stop", "yud".

Attacking after the bell has sounded ending the round, or when the Opponent is out of the ring.

Attacking an Opponent who is down or is rising from a knockdown.

Striking an Opponent in the groin (kneeing, kicking or punching the Opponent in the area under the navel shall be considered as a low-blow and will be ruled as a low blow foul).



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Striking deliberately on the back part of the body, the spine or back of the head/neck. Attacking the side of the head and area around the ears are not considered as the back of the head and are valid target areas.

Attacking the Opponent who turns around and shows their back. The Referee may also give a caution, warning or order point/s deduction to the Competitor who showed their back as losing the will to fight.

The Referee shall order the Contestant to "stop" and may give a caution, warning or point/s deduction.

Throwing, tripping, back breaking or using Judo and wrestling techniques.

Deliberately falling onto or over a downed Opponent.

Holding or using the ropes or enclosure for any purpose, whether it be offensively or defensively.

No ground based Grappling or Wrestling permitted. No Striking on the ground of any kind.

Hitting with the inside palm, or butt of the hand or wrist.

Deliberate use of any scraping blow, or rabbit blow, or jabbing the eyes with the thumb of the glove.

Deliberately head butting an Opponent or charging dangerously with the head down.

Deliberately striking the groin, spine, throat, women's breasts, or that part of the body over the kidneys.

Kicking directly into the knee, or striking below the belt in any unauthorized manner.

Pretending to fall on the ring floor after the kicking leg is caught to avoid attack.

Purposely going down without being hit, and/or refusing to rise on direction from the Referee.

Anti-joint techniques (striking or applying leverage against any joint).

Holding or clinching the Opponent without attacking to avoid attack.

Intentionally pushing, shoving, wrestling or throwing an Opponent out of the ring or contest area.

Spitting, biting, abusive language, provocative gestures or any unsportsmanlike action.

Failure of a Contestant or the Seconds to obey the Referees instructions.

Interference or abuse of any kind by a Contestant or his Seconds.

*Catching the Opponent's leg and pushing forwards more than two (2) steps without using any weapons. Downward pointing elbow strike (12 to 6): Linear "straight up straight down" elbow strike is prohibited.*

### **Injuries Sustained by Fair Blows and Fouls:**

If an injury sustained during competition as a result of a legal manoeuvre is severe enough to terminate a bout, the injured Contestant loses by technical knockout.

If an injury sustained during competition as a result of an intentional foul, as determined by the Referee, is severe enough to terminate a bout, the Contestant causing the injury must lose by disqualification.

If an injury is sustained during competition as a result of an intentional foul, as determined by the Referee, and the bout is allowed to continue, the Referee shall notify the Judges & Scorekeeper to deduct point/s from the Contestant who committed the foul.

If an injury sustained during competition as a result of an intentional foul, as determined by the Referee, causes the injured Contestant to be unable to continue, the injured Contestant shall win by technical decision, if he or she is ahead on the score cards. If the injured Contestant is even or behind on the score cards at the time of stoppage, the outcome of the bout shall be declared a technical draw.

If a Contestant injures themselves while attempting to commit a foul, the Referee may not take any action in their favour. The injury shall be treated in the same manner as any injury produced by a fair blow.

If an injury sustained during competition as a result of an accidental foul, as determined by the Referee, is severe enough for the Referee to stop the bout immediately, the bout shall result in a technical draw if stopped before one third (1/3) of the scheduled contest has been completed.

If an injury sustained during competition as a result of an accidental foul, as determined by the Referee, is severe enough for the Referee to stop the bout immediately, the bout shall result in a technical decision awarded to the Contestant who is ahead on the score cards at the time the bout is stopped provided that more than one third (1/3) of the scheduled contest has been completed.

Incomplete rounds shall not be scored.



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## Restrictions Following a Knockout

As per the *Combat Sports Regulations 2004*; Division 2 (15) Subclause (1), where a Contestant is knocked out:

The Contestant must not participate in a contest for a period of at least 30 days.

For the second consecutive time, the Contestant must not participate in a contest for a period of at least 60 days. For the third consecutive time, the Contestant must not participate in a contest for a period of 90 days or for such longer period as the Medical Practitioner determines, referred to in Section 49 of the Act.

## Restrictions Following a Contest

Where a Contestant has participated in a contest the Contestant shall not compete again for seven days.

Where a Medical Practitioner has endorsed a Contestant's certificate of registration with a specific date, the Contestant shall not compete before that date.

## Elimination Contests

Eliminator contests maybe allowed at the discretion of the ISKA WA. All eliminator contests will consist of 3 x 2 minute rounds or 3 x 3minute rounds. The Final will consist not more than 3 x 3 minute rounds. The Ringside Medical Practitioner must complete a health check on all Contestants after each contest they take part in. The Medical Practitioner has the final say whether a Contestant can continue to progress to the next round.

## 6.0 Miscellaneous

### Shaking Hands

The shaking of hands or touching of gloves takes place before beginning the first round and before the beginning of the last round. Any further shaking of hands or touching of gloves is not compulsory.

### Protests

Any protest must be lodged to the ISKA WA by hand or email no later than 7 days after the contest in question.

The decision given in a contest by a Referee and/or Judge shall be final, unless: -

The ISKA WA Representative and or the Commission can verify a proven mathematical error on the scorecards. An announcement of a decision has been incorrectly conveyed, extraordinary circumstances and/or a disregard of the rules.

In this case he ISKA WA Representative can overturn the decision, document it & announce the decision publicly at the next available opportunity.

### Drugs

Prohibited drugs are those defined by the (Australian Sports Anti-doping Authority ASADA).

It is the responsibility of the Contestant and their Trainer to check and ensure that the Contestant is not taking any medication or mixture that is prohibited.

Any Contestant testing positive for prohibited substances shall be dealt with by ISKA WA at a special meeting. The ISKA WA can suspend a Competitor, remove them from the ratings, declare any ISKA title held by the Contestant vacant, or any other penalty it considers necessary, depending on the severity of the offence.



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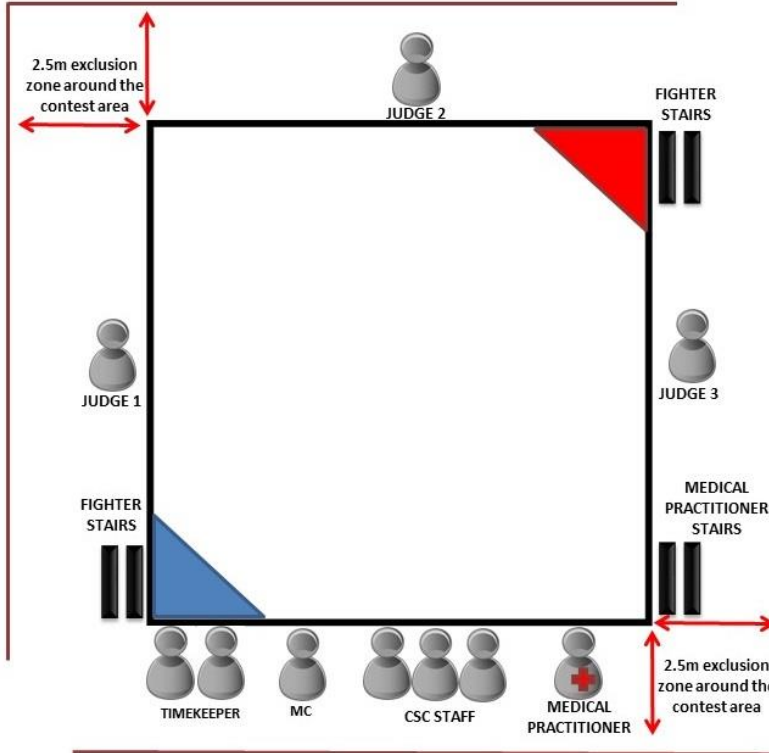
Alan Pond  
ISKA WA Representative

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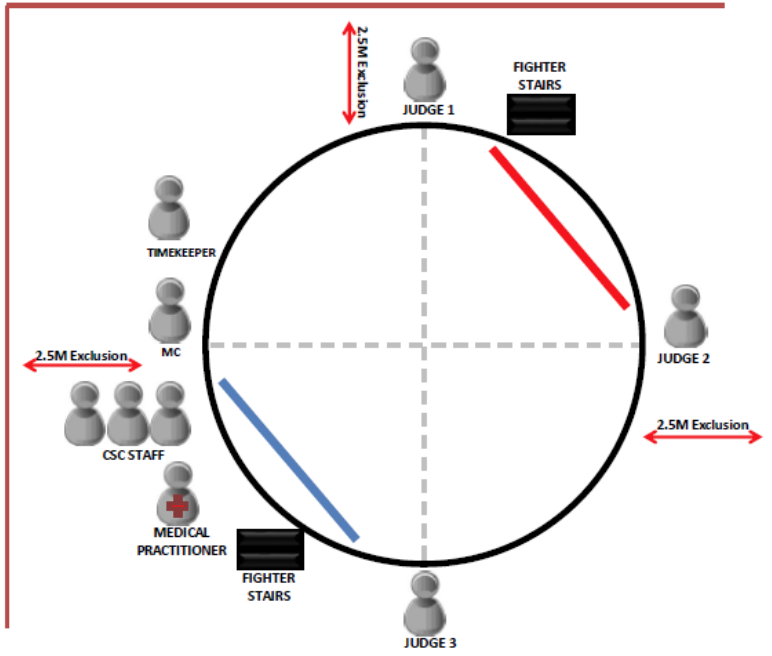
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## 7.0 Figures & Diagrams

### Standard ring layout



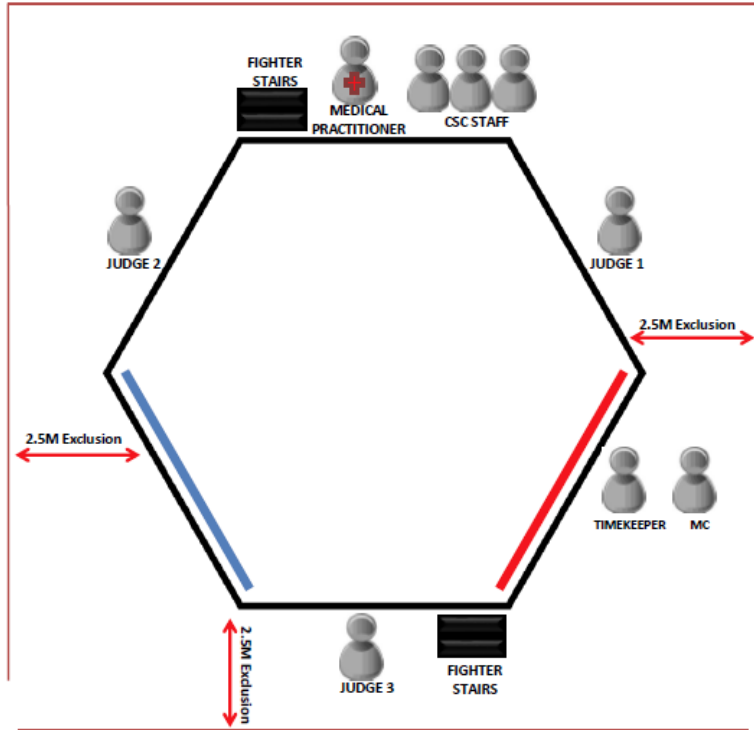
### Safety Enclosure layout A



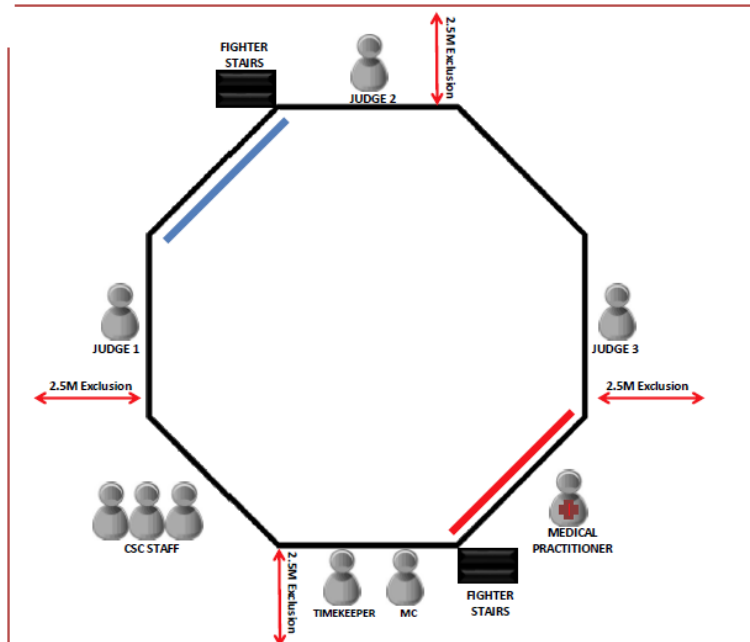
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## Safety Enclosure layout B



## Safety Enclosure layout C







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Sample Scorecards

Professional Scorecard

 Government of Western Australia Combat Sports Commission		<b>Official Score Card</b>			PREPARE WELL PERFORM BETTER
<b>RED CONTESTANT</b>			<b>BLUE CONTESTANT</b>		
NAME:		<b>VS</b>	NAME:		
<b>RED CONTESTANT SCORE</b>			<b>BLUE CONTESTANT SCORE</b>		
<input type="text"/>	<input type="text"/>		<input type="text"/>	<input type="text"/>	
POINTS SCORED	ORDERED DEDUCTION		POINTS SCORED	ORDERED DEDUCTION	
GREEN JUDGE'S NAME:					ROUND #
GREEN JUDGE'S SIGNATURE:		DATE:			





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## ISKA SCORE CARD



DATE / / BOUT No \_\_\_\_\_

VENUE \_\_\_\_\_ Judge \_\_\_\_\_

NOV / AM / PRO WEIGHT \_\_\_\_\_ KG RULES \_\_\_\_\_

REFEREE \_\_\_\_\_ JUDGE \_\_\_\_\_

RED			BLUE										
NAME _____			NAME _____										
COMMENTS & DEDUCTIONS	POINTS	ROUND	POINTS	COMMENTS & DEDUCTIONS									
		1											
		2											
		3											
		4											
		5											
		<u>TOTAL</u> LESS DEDUCTIONS											
DECISION IN CASE OF DRAW													
STRONGER OVERALL		FINISHING STRONGER		TECHNIQUE PRIORITY									
BETTER OFFENCE			BETTER DEFENSE										
RED		WINNER		BLUE									
SUB	W.P	K.O	DISQ	RET	TD	R.S.C	W.O	N.C	ROUND				
		H   B				H   B   INJ   O.C   CCT			1	2	3	4	5

JUDGE SIGN \_\_\_\_\_





# ISKA WA PROTEST FORM

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RE: Protest in regard to the fight between -----

And -----

for a decision on the -----/-----/ 20----

at -----

The ISKA WA formally acknowledges your protest and will follow the formal "Protest" Guidelines of the ISKA WA. Any protest must be lodged to the ISKA WA by hand or email no later than 7 days after the contest in question.

The decision given in a contest by a Referee and/or Judge shall be final, unless:-  
The ISKA WA Representative and or the Commission can verify a proven mathematical error on the scorecards. An announcement of a decision has been incorrectly conveyed, extraordinary circumstances and/or a disregard of the rules.

In this case the ISKA WA Representative can overturn the decision, document it & announce the decision publicly at the next available opportunity.

### ISKA Protest Process

The Protest process will be conducted in the following way.

1. ISKA WA will conduct a protest review.  
Your letter will be reviewed by the ISKA WA State Representative to determine:
  - A. if there is sufficient cause to warrant further review.
  - B. If it is determined that there is no grounds for a protest - it will be dismissed.
  - C. If it is determined that you do have grounds for a protest, then the formal ISKA Protest process will be undertaken.
2. The ISKA Australia will be informed of your protest and the results of that bout temporarily put on hold.
3. The rules will be reviewed in regard to the particular concerns you have raised.
4. Video footage of the match will be reviewed by the ISKA WA Representative and ISKA WA Officials.
5. The State Representative will consult the decision with the Commission, ISKA WA Officials as needed.
6. The rules and footage will be used to make a preliminary decision – This will be sent to the ISKA Australia for clarification.
7. The State Representative will contact you and provide you with a formal ISKA WA position.
8. If you are unhappy with the ruling - the protest can be sent to the ISKA Australia to make a ruling.
9. The ISKA Australia, will review the footage & the ISKA WA ruling and either support or dismiss the protest.

### Please note

1. Clear documentation of the issue or concern is required to establish the grounds for protest.
2. Video footage of the match must be received before any actions can be taken.
3. Protest Rulings or Decisions made by the ISKA WA are rarely over turned by the ISKA Australia.
4. Protests lodged with the State cost \$100.
5. Protests lodged with the ISKA Australia Cost \$150.
6. The ISKA Australia decisions are final.

Signed :- -----

Date;- \_\_\_\_/\_\_\_\_/\_\_\_\_

Name :- \_\_\_\_\_

Position ;:- \_\_\_\_\_

Specific issues & concerns can be attached in writing or email [mrmartialarts51@yahoo.com.au](mailto:mrmartialarts51@yahoo.com.au)