



# SEROLOGY TESTING

## Which serology tests does the Commission require?

The Commission requires all contestants be tested for:

- HIV,
- Hepatitis B antigen (HBsAg), and
- Hepatitis C.

The serology report must show the contestant is Hepatitis B negative, Hepatitis C negative and HIV negative. Contestants returning a positive test will not be allowed to compete in Western Australia. Registrants requiring a serology will now be required to submit to the Commission, a copy of the serology report from the pathology laboratory that completed the serology test.

### WHAT IS A SEROLOGY TEST?

A serology test is a medical test that examines the blood serum for antibodies associated with an infection.

A serology test usually involves taking a small amount of blood that is sent away and tested by a pathology laboratory.

### WHY DO I NEED TO COMPLETE A SEROLOGY TEST?

Given the full contact and close quarter nature of combat sports, the risk of bleeding injuries is high and with that comes a high risk of transmitting blood borne diseases.

Serology tests are required so that the risk of contestants contracting a blood borne disease is, as far as practical, eliminated.

### SEROLOGY TEST REQUIREMENTS FOR WESTERN AUSTRALIAN CONTESTANTS.

No Western Australian contestant will be allowed to compete in Western Australia if their serology report is more than six (6) months old at the time of the contest they wish to compete in.

A serology report has a six (6) month validity from the date on the report meaning contestants must submit a new serology report to the Commission every six (6) months to maintain their registration.

No Western Australian contestant shall be given clearance to compete interstate or overseas if their serology report is more than six (6) months old at the time of the contest for which the clearance is sought.

### SEROLOGY TEST REQUIREMENTS FOR INTERSTATE CONTESTANTS.

Interstate contestants registering in Western Australia may bring an Australian serology report with them, completed within six (6) months prior to the promotion.

Interstate contestants that are registered with a recognised interstate government authority must ensure that their registration and medical requirements are up to date prior to arriving in Western Australia. The Commission will contact the contestant's interstate government authority and obtain a clearance for the contestant to compete.

### SEROLOGY TEST REQUIREMENTS FOR INTERNATIONAL CONTESTANTS.

International contestants are required to provide to the Commission, no later than the weigh in, an Australian serology report completed within seven days (7) prior to the promotion.

### HOW DO I GET MY SEROLOGY RESULTS FROM THE DOCTOR?

When requesting a serology test for HIV, Hepatitis B Antigen and Hepatitis C make sure that you make arrangements with your doctor or clinic to collect the results or have the results forwarded onto the Commission. Some clinics may require you to make another appointment to collect your results so please ensure that you clarify with your doctor the process for collecting the results and forwarding them onto the Commission.